

WESTERN CAPE PRIMARY SCHOOLS' ATHLETICS: TRACK & FIELD



RECORDS 2023 for 2024

WESTERN CAPE PRIMARY SCHOOLS' ATHLETICS: TRACK & FIELD RECORDS – 2023

BOYS 13

UPDATED: 2024:02:17

EVENT	NAME	REGION	RECORD	DATE	VENUE
100m	Canaan Eksteen	WP	11.68	2022:03:12	DALJOSAPHAT STADIUM
200m	Ashton Vermeulen	Boland	23.91	2022:03:12	DALJOSAPHAT STADIUM
800m	Jordin Gabriels	Boland	2:03.22	2023:03:11	DALJOSAPHAT STADIUM
1500m	Petrus Lottering	Boland	4:16.86	2017:03:11	DALJOSAPHAT STADIUM
80m H (76,2cm)	Ashton Vermeulen	Boland	11.34	2022:03:12	DALJOSAPHAT STADIUM
200m H (68cm)	Furqaan Jacobs	WP	27.85	2019:03:02	DALJOSAPHAT STADIUM
1500m Walk	Durando Aweries	SWD	7:26:53	2016:02:27	DE JAGER STADIUM
High Jump	Reece Montsumi	WP	1.76m	2016:02:27	DE JAGER STADIUM
	Leskin Lee Samuels	Boland	1.76m	2020:03:07	DALJOSAPHAT STADIUM
Long Jump	Daniel Von der Heyden	WP	5.99m	2020:03:07	DALJOSAPHAT STADIUM
Shot Put (4kg)	Eugene Marx	WP	14.05m	2016:02:27	DE JAGER STADIUM
Javelin (600g)	Ruben Van der Merwe	Boland	47.31m	2020:03:07	DALJOSAPHAT STADIUM
Discus (1kg)	Phillipus Kleynhans	Boland	44.12m	2016:02:27	DE JAGER STADIUM
Relay: 4X100m	WESTERN PROVINCE	WP	47.89	2019:03:02	DALJOSAPHAT STADIUM

BOYS 12

EVENT	NAME	REGION	RECORD	DATE	VENUE
100m	Rowan Mafutu	Eden	12.13	2019:03:02	DALJOSAPHAT STADIUM
150m	Rowan Mafutu	Eden	18.30	2019:03:02	DALJOSAPHAT STADIUM
1200m	Tristan Meyer	Eden	3:34.62	2023:03:11	DALJOSAPHAT STADIUM
75mH (76,2cm)	Jeno Jacobs	Boland	11.50	2023:03:11	DALJOSAPHAT STADIUM
150m H (68cm)	Eathon Williams	WP	21.16	2020:03:07	DALJOSAPHAT STADIUM
High Jump	Sebastiaan Bredell	Eden	1.61m	2020:03:07	DALJOSAPHAT STADIUM
Long Jump	Jody Engelbrecht	Boland	5.67m	2020:03:07	DALJOSAPHAT STADIUM
Shot Put (3kg)	Adruan Kotze	Boland	13.30m	2017:03:11	DALJOSAPHAT STADIUM
Javelin (500g)	Bernado Diedericks	Boland	37.25m	2017:03:11	DALJOSAPHAT STADIUM
Discus (750g)	Adruan Kotze	Boland	41.27m	2017:03:11	DALJOSAPHAT STADIUM
Relay: 4X100m	BOLAND	Boland	51.01	2019:03:02	DALJOSAPHAT STADIUM

BOYS 11

EVENT	NAME	REGION	RECORD	DATE	VENUE
80m	Vuyo Ngobeni	WP	10.44	2022:03:12	DALJOSAPHAT STADIUM
100m	Vuyo Ngobeni	WP	12.84	2022:03:12	DALJOSAPHAT STADIUM
1200m	Jac Du Plessis	Eden	3:39.02	2020:03:07	DALJOSAPHAT STADIUM
70m H (68cm)	Luan Giliomee	Boland	11.13	2017:03:11	DALJOSAPHAT STADIUM
High Jump	Sebastien Bredell	Eden	1.48m	2019:03:02	DALJOSAPHAT STADIUM
Long Jump	Jayden Fourie	Eden	5.05m	2020:03:07	DALJOSAPHAT STADIUM
Shot Put (2kg)	Dee-Em de Kock	Boland	12.20m	2019:03:02	DALJOSAPHAT STADIUM
Relay: 4X100m	WESTERN PROVINCE	WP	53.06	2019:03:02	DALJOSAPHAT STADIUM

BOYS 10

EVENT	NAME	REGION	RECORD	DATE	VENUE
80m	Justin Abana	WP	10.93	2022:03:12	DALJOSAPHAT STADIUM
100m	Quade Francis	Boland	13.28	2019:03:02	DALJOSAPHAT STADIUM
1200m	Johannes Le Roux	Boland	3:51.97	2020:03:07	DALJOSAPHAT STADIUM
70m H (68cm)	Liam Kriek	Boland	11.80	2023:03:11	DALJOSAPHAT STADIUM
High Jump	Nicolaas Basson	Boland	1.42m	2022:03:12	DALJOSAPHAT STADIUM
Long Jump	Zeke Finck	Boland	4.68m	2020:03:07	DALJOSAPHAT STADIUM
Shot Put (2Kg)	Rohland Roos	Boland	10.42m	2022:03:12	DALJOSAPHAT STADIUM
Relay: 4X100m	WESTERN PROVINCE	WP	55.54	2017:03:11	DALJOSAPHAT STADIUM

GIRLS 13

EVENT	NAME	REGION	RECORD	DATE	VENUE
100m	Rudzani Ramukhubathi	WP	12.22	2016:02:27	DE JAGER STADIUM
200m	Milana Stickling	Boland	25.71	2022:03:12	DALJOSAPHAT STADIUM
800m	Lisa Craven	WP	2:21.26	2020:03:07	DALJOSAPHAT STADIUM
1500m	Cleo Marthinus	WP	4:48.44	2022:03:12	DALJOSAPHAT STADIUM
75m H (76,2cm)	Jo-Eke Haas	Boland	11.79	2018:03:03	DE JAGER STADIUM
200m H (68cm)	Chloe Stoffels	Boland	30.41	2022:03:12	DALJOSAPHAT STADIUM
1500m Walk	Emma Hartley	Boland	8:01.24	2019:03:02	DALJOSAPHAT STADIUM
High Jump	Kayla Le Roux	Boland	1.56m	2022:03:12	DALJOSAPHAT STADIUM
Long Jump	Kiera-Lee Abrahams	WP	5.26m	2019:03:02	DALJOSAPHAT STADIUM
Shot Put (3kg)	Lenka Viljoen	Eden	13.84m	2022:03:12	DALJOSAPHAT STADIUM
Javelin (500g)	Nicole Barnard	Eden	41.12m	2020:03:07	DALJOSAPHAT STADIUM
Discus (750g)	Lisa Terblanche	WP	36.83m	2019:03:02	DALJOSAPHAT STADIUM
Relay: 4X100m	WESTERN PROVINCE	WP	51.79	2019:03:02	DALJOSAPHAT STADIUM

GIRLS 12

EVENT	NAME	REGION	RECORD	DATE	VENUE
100m	Zynzhia Brown	Boland	13.02	2017:03:11	DALJOSAPHAT STADIUM
150m	Sha-Lian Matthews	Boland	19.93	2018:03:03	DE JAGER STADIUM
1200m	Lisa Craven	WP	3:47.90	2019:03:02	DALJOSAPHAT STADIUM
75m H (68cm)	Ilke Stockigt	WP	11.60	2022:03:12	DALJOSAPHAT STADIUM
150m H (68cm)	Jo-Eke Haas	Boland	22.12	2017:03:11	DALJOSAPHAT STADIUM
High Jump	Lisa Heyns	WP	1.54m	2016:02:27	DE JAGER STADIUM
	Shakeelah April	WP	1.54m	2019:03:02	DALJOSAPHAT STADIUM
Long Jump	Karmi Karsten	WP	4.96m	2022:03:12	DALJOSAPHAT STADIUM
Shot Put (3kg)	Minke Brink	Eden	11.78m	2020:03:07	DALJOSAPHAT STADIUM
Javelin (500g)	Michaela Birch	WP	28.36m	2018:03:03	DE JAGER STADIUM
Discus (750g)	Mila Ueckermann	WP	32.63m	2020:03:07	DALJOSAPHAT STADIUM
Relay: 4X100m	BOLAND	Boland	52.98	2019:03:02	DALJOSAPHAT STADIUM

GIRLS 11

EVENT	NAME	REGION	RECORD	DATE	VENUE
80m	Lamicah Adamson	WP	10.61	2023:03:11	DALJOSAPHAT STADIUM
100m	Lamicah Adamson	WP	13.61	2023:03:11	DALJOSAPHAT STADIUM
1200m	Angell Pholman	Boland	3:52.02	2023:03:11	DALJOSAPHAT STADIUM
70m H (68cm)	Mia Janse Van Noordwyk	Boland	11.41	2023:03:11	DALJOSAPHAT STADIUM
High Jump	Amy Schmidt	Boland	1.45m	2019:03:02	DALJOSAPHAT STADIUM
Long Jump	Kiera-Lee Abrahams	WP	4.84m	2017:03:11	DALJOSAPHAT STADIUM
Shot Put (2kg)	Mila Ueckermann	WP	12.08m	2019:03:02	DALJOSAPHAT STADIUM
Relay: 4X100m	BOLAND	Boland	56.05	2019:03:02	DALJOSAPHAT STADIUM

GIRLS 10

EVENT	NAME	REGION	RECORD	DATE	VENUE
80m	Caylin Stickling	Boland	11.09	2022:03:12	DALJOSAPHAT STADIUM
100m	Caylin Stickling	Boland	13.77	2022:03:12	DALJOSAPHAT STADIUM
70m H (68cm)	Mia JV Noordwyk	Boland	12.04	2022:03:12	DALJOSAPHAT STADIUM
1200m	Sunay Van Wyk	Eden	4:03.65	2020:03:07	DALJOSAPHAT STADIUM
High Jump	Mia JV Noordwyk	Boland	1.29m	2022:03:12	DALJOSAPHAT STADIUM
Long Jump	Kristen Klaasen	Boland	4.33m	2022:03:12	DALJOSAPHAT STADIUM
Shot Put (2Kg)	Cadem Young	WP	8.97m	2020:03:07	DALJOSAPHAT STADIUM
Relay: 4X100m	BOLAND	Boland	58.91	2019:03:02	DALJOSAPHAT STADIUM

LSEN - BOYS 13

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m			New		
200m			New		
1500m			New		
High Jump			New		
Long Jump			New		
Shot Put (4kg)	Johannes Du Plessis	Boland	5.58m	2017:03:11	DALJOSAPHAT STADIUM
Relay: 4X100m			New		

LSEN - GIRLS 13

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m			New		
200m			New		
1500m			New		
High Jump			New		
Long Jump			New		
Shot Put (4kg)			New		
Relay: 4X100m			New		