



2024 WESTERN CAPE SCHOOLS X-COUNTRY TEAM PER AGE GROUP

GIRLS 10 YEARS (2014)

No.	NAME	SURNAME	SCHOOL	EDU.DISTR
1	JADINE	WILLIAMS	CHATSWORTH PRIM	WC
2	EVERENICHIA	GOLIATH	BRACKEN HILL PRIM	ECKR
3	NICA	DE WET	SWELLEN DAM LS	CW
4	ASHANTI	FORTUIN	CLANWILLIAM PRIM	WC
5	ACHUMILE	BEUZANA	HEIDEDAL PRIM	ECKR
6	OLIVIA	GIRLING	ST CYPRIAN 'S SCH	MSED

BOYS 10 YEARS (2014)

No.	NAME	SURNAME	SCHOOL	EDU DISTR
1	EUGENE	SAAYMAN	VOORWAARTS PRIM	ECKR
2	JUSTIN	ANDREW	JURIE HAYES PRIM	WC
3	LUCHMAAN	KOOPMAN	DIAZVILLE PRIM	WC
4	RUBEN	PIENAAR	DE HOOP PRIM	WC
5	WALE	WITBOOI	CITRUSDAL PRIM	MEED
6	REAGAN	THOMAS	JURIE HAYES PRIM	WC

GIRLS 11 YEARS (2013)

No.	NAME	SURNAME	SCHOOL	EDU.DISTR
1	WINNIQUE	RUITERS	STEENVLIET PRIM	CW
2	REEVA	KOOPMAN	STEENVLIET PRIM	CW
3	TAZLYN	MEIRING	WINSLEY PRIM	MNED
4	SILKE	AUCAMP	KENRIDGE PRIM	MNED
5	JESSNIQUE	NUWEGELD	SOETENDAL PRIM	CW
6	AMISSA	LINDERT	JURIE HAYES PRIM	WC

BOYS 11 YEARS (2013)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	CLINTON	PHILLIPS	HOPE FIELD PRIM	WC
2	CALEB	MATTHEWS	VOORWAARTS PRIM	ECKR
3	SEZARIO	TAFEL	BELL VILLE SOUTH PRIM	MNED
4	XAVIER	LEWIS	LANGEBAAAN PRIM	WC
5	WILLMORE	MISANI	STEENVLIET PRIM	CW
6	MAURICE	FAROA	ACACIA PRIM	ECKR

GIRLS 12 YEARS (2012)

No.	NAME	SURNAME	SCHOOL	EDU.DISTR
1	ANGELL	PHOLMAN	LANGEBAAAN PRIM	WC
2	ELTIANA	MATTHYS	TOUWSRIVIER PRIM	CW
3	GABRIELLA	MASOUW	TESKE GEDENK PRIM	ECKR
4	NALIEN	POTGIETER	LS BASTION	MEED
5	THABONISIA	DECEMBER	TOUWSRIVIER PRIM	CW
6	LAURIKA-LEE	JACOBS	VOORWAARTS PRIM	ECKR

BOYS 12 YEARS (2012)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	DEVOVAN	OELF	LORETO PRIM	MEED
2	ANTONIO	AFRIKA	BEAUFORT WEST PRIM	ECKR
3	TYROYD	ARENDSE	DIAZ PRIM	ECKR
4	EVAN -LEE	BERLING	LANGEBAAAN PRIM	WC
5	ALLIANDRO	SMITH	STEENVLIET PRIM	CW
6	E-JAY	JULIES	JURIE HUYS PRIM	WC

GIRLS 13 YEARS (2011)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	HANELEE	VAN STADEN	BEAUFORD WEST PRIM	ECKR
2	LUMARI	DE BEER	LS SWELLENDAM	CW
3	ELIZABETH	PAPIER	WATSONIA PRIM	MEED
4	ABIGAIL	KEULER	LS EIKESTAD	CW
5	LINDIE	HEERSINK	LS BASTION	MEED
6	HELENE	VAN DER MERWE	DURBANVILLE PRIM	MNED

BOYS 13 YEARS (2011)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	ALEXANDER	VAN DER WERF	WELGEMOED PRIM	MNED
2	JUNIOR	MOGQALA	MZOXOLO PRIM	ECKR
3	ENKOSI	MRWEBI	SOSEBENZA PRIM	MEED
4	JASON	PAPIER	HEIDEDAL PRIM	ECKR
5	MALCOLM	SWARTZ	W.F.LOOTS PRIM	CW
6	LUCIANO	MANGO	HEIDEDAL PRIM	ECKR

GIRLS 14 YEARS (2010)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	LARA	STANDER	PAARL GH	CW
2	YONELISA	SIWA	IQHAYIYA SEC	MEED
3	KATERIEN	FOURIE	BLOEMHOF GH	CW
4	JESSE	NEL	STELLENBOSCH HS	CW
5	ANKE	STANDER	PAARL GH	CW
6	DUNE	HAASBROEK	GLENWOOD HOUSE	ECKR

BOYS 14 YEARS (2010)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	GAUTHVIN	MAKATEES	NIEUWOUDT PRIM	WC
2	LORENZO	VERGOTINE	MORRISDALE PRIM	CW
3	SANWILL	VAN WYK	LANGEBAAAN PRIM	WC
4	JOHANAID	LOUW	MELABU HS	MEED
5	BULELA	MGANU	MANYANO HS	MEED
6	LUCIANO	LOUW	BELLVILLE HS	MNED

GIRLS 15 YEARS (2009)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	ASHALI	PHOLMAN	WESTON SEC	WC
2	DEWANDRE	VAN ROOY	STELLENBOSCH HS	CW
3	TEAGAN	HUDSON	FISH HOEK HS	MNED
4	ANNABELLE	McEWAN	GLENWOOD HOUSE	ECKR
5	CLEO	MARTHINUS	BELLVILLE HS	MNED
6	MILA	DE JAGER	BLOEMHOF GH	CW

BOYS 15 YEARS (2009)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	COLIN	KARELSE	STELLENBOSCH HS	CW
2	LUCIANO	SLAWERS	GERRIT DU PLESSIS SS	ECKR
3	DANIEL	RAINHO	BRAKENFELL HS	MNED
4	CLYDON	RIDDLES	GERRIT DU PLESSIS SS	ECKR
5	BREYTON	DE BRUIN	STELLENBOSCH HS	CW
6	HERCHELLE	MANUEL	WORCESTER GIM	CW

GIRLS 16 YEARS (2008)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	JUNESCE	MICHAELS	MELKHOUTFONTEIN	ECKR
2	CHELSEA	SAAYMAN	LANGENHOVEN HS	ECKR
3	KUNGAWWE	DLONGWANA	EBEN DONGES HS	MNED
4	MIKYLA	FRITS	STELLENBOSCH HS	CW
5	EVA	HERBERTSON	ST CYPRIAN'S	MEED
6	LEE-CHAN	PLAATJIES	WORCESTER GIM	CW

BOYS 16 YEARS (2008)

No.	NAME	SURNAME	SCHOOL	EDU.DISTR
1	SIYAMTHANDA	DYWILI	IQHAYIYA SEC	MEED
2	NOWIC	SWANEPOEL	BREERIVER HS	CW
3	SERGIO	JACOBS	SENTRAAL HS	ECKR
4	WILLMARK	DANIELS	GERRIT DU PLESSIS SS	ECKR
5	JAIDEN	OPPERMAN	BELLVILLE HS	MNED
6	ANTHONY	BOKS	BRAKENFELL HS	MNED

GIRLS 17 YEARS (2007)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	ILANDRIE	DU PLESSIS	SWELLENDAM HS	CW
2	AMKELE	MHALI	RUSTHOF SS	MEED
3	CHANEL	DU PLESSIS	ST. CYPRAIN'S SC	MEED
4	CARLI	NEETHLING	STELLENBERG HS	MNED
5	BEVIHOLA	TITIES	VREDENDAL SEC	WC
6	JENNA	JOOSTE	FAIRMONT HS	MNED

BOYS 17 YEARS (2007)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	DIVANO	FALLET	WESTON HS	WC
2	JACO	VAN WYK	BEAUFORT WEST	ECKR
3	RUWANDRE	BROWN	APEX HS	MNED
4	ENRIQUE	WILLIAMS	BREERIVIER HS	CW
5	FERNANDO	HENKEMAN	EERSTERIVIER SEC	MNED
6	JADE -LEE	JOOSTE	GRABOUW HS	OB

GIRLS 19 YEARS (2006/2005)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	ABIGAIL	BESTER	REDDAM HOUSE	MNED
2	KIARA	BESTER	REDDAM HOUSE	MNED
3	LENA	WIROTH	REDDAM HOUSE	MNED
4	ZOE	RUDOLPH	PORTLAND HS	MEED
5	CLAIRESE	MOSES	GERRIT DU PLESSIS	ECKR
6	ALICIA	MUTANGIRI	LUCKHOFF SS	CW

BOYS 19 YEARS (2006/2005)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	MARCELINO	BOOYSEN	KUILS RIVER	MNED
2	RADEAN	FRIESLAAR	BEAUFORT WEST SS	WCKR
3	CHRISTIANO	KLAZEN	CERES SEC	CW
4	ROMARIO	ANDREWS	HS VAN RHYNDORP	WC
5	ASHLEY	DAVIDS	ALBERT MYBURGH SS	OB
6	CHARLTON	WILLEMSE	WESTERN CAPE SS	MEED



LSEN WESTERN CAPE CROSS COUNTRY TEAM 2024

BOYS 14 YEARS (2010)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	JAYDEN	FRANKLIN	CLANWILLIAM CYCC	WC
2	EDWILL	JONKERS	LINDALANI CYCC	MEED
3	MARKWIN	JACOBS	LINDELANI CYCC	MEED
4	COLIN	HENDRICKS	CLANWILLIAM	WC
5	MOOS	STUURMAN	LINDELANI CYCC	MNED
6	ALLAN	BOOYSEN	INDELANI CYCC	MNED

GIRLS 14 YEARS (2010)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	DANIKA	LOMBAART	JAN KRIEL SCHOOL	MEED
2	ZOE	BALL	PAARL SCHOOL	MEED
3	MEGAN	DE JAGER	PAARL SCHOOL	MEED
4	JODINE	ABSALOM	LINDELANI CYCC	MEED
5				
6				

BOYS 15 YEARS (2009)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	KEANO	BALIE	WESTCLIFF SCHOOL	MNED
2	KHANYISO	PIETERSEN	OLYMPIA SOS	ECKR
3	ARNOLD	TIETIES	LINDALANI CYCC	MEED
4	JADE	ABRAHAMS	AXIOS SOS	MEED
5	ADRIAN	FRANSE	BREED VALLEY SOS	CW
6	FERNANDO	BAADJIES	VAN KERVEL SOS	ECKR

GIRLS 15 YEARS (2009)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	GAYLIN	SWARTZ	ATLANTIS SOS	MNED
2	CHRISTER	ABSALOM	RIEBEECK VALLEY SSC	WC
3	CATELINE –JOE CLOE	BLOKLAND	OLYMPIA SCHOOL	ECKR
4	JE HANDRE	JANSEN	STEINTHAL SS	CW
5	BUHLE	NTISANE	LINDALANI CYCC	MEED
6	TEMEEKAH	ADAMS	WESTCLIFF SOS	MNED

BOYS 16 YEARS (2008)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	SOLULELE	NKATHANI	AGULHAS SOS	OB
2	JOSHUA	TITUS	VAN KERVEL SOS	ECKR
3	THERLO	VAN DER SCHOLTZ	AXIOS SOS	MEED
4	BRADLEY	BEUKES	WESKUS SOS	WC
5	SELPRO	ARENDSE	BREEDE VALLEY SOS	CW
6	SIQUEL	DU TOIT	AXIOS SOS	MEED

GIRLS 16 YEARS (2008)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	LUZAAN	VISAGIE	ATLANTIS SOS	MNED
2	RANDALLENE	TREURNICHT	OLIMPIA SOS	ECKR
3	JUNEACKE	HANSE	STEINTHAL SS	CW
4	JA - DINE	ENGELBRECHT	ATLANTIS SOS	MNED
5	ROMENIA	DU TOIT	AXIOS SOS	MEED
6	ELLINICE	GOOSSEN	BREEDE VALLEY SOS	CW

BOYS 17 YEARS (2005/2007)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	KYLE	VAN DER HEEVER	GRAAF WATER SOS	WC
2	ASHLEY	MANDICHETA	WESTCLIFF SOS	MNED
3	ELTON	JULIES	BREEDE VALLEI SOS	CW
4	GABRIEL	ARENDSE	BREEDE VALLEY SOS	CW
5	JAYDRIAN	HEKTOOR	VAN KERVEL SOS	ECKR
6	DEVAAN	MAARMAN	ATLANTIS SOS	MNED

GIRLS 17 YEARS (2005/2007)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	FAIZA	GORDON	ATLANTIS SOS	MNED
2	SURISNIE	WILSCHUT	STEINTHAL SS	CW
3	BENELENE	GALANT	MISPAH SCHOOL	OB
4	TERECIA	CUPIDO	WELLINGTON SOS	CW
5	CHARLENE	WILLIAMS	WELLINGTON SOS	CW
6	MICHAELA	JANSEN	OLIMPIA SOS	ECKR

GIRLS 18/19 YEARS (2006/ 2005)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	MICHAELA	JANSEN	OLYMPIA SOS	ECKR
2	CHARNE	THANA	VAN KERVEL SOS	ECKR
3	DEONY	FESTUS	STEINTHAL SOS	CW
4	TAMZIN	DUIKER	BREEDE VALLEY SOS	CW
5	JAMY -LEE	ABRAHAMS	ATLANTIS SOS	MNED
6	NEVELENE	MOHAMMED	WEST CLIFF SOS	MNED

BOYS 18/19 YEARS (2006/2005)

No.	NAME	SURNAME	SCHOOL	EDU. DISTR
1	VALENTINO	LOGGENBERG	VAN KERVEL SOS	ECKR
2	JARCO	RUITERS	VAN KERVEL SOS	ECKR
3	AUBREY	ELAND	STEINTHAL SS	CW
4	SHALTON	KLAASEN	WEST CLIFF SOS	MNED
5	JO RICK	MULLER	CLANWILLIAM CYCC	WC
6	JUANDRE	RHODE	STEINTHAL SS	CW