

SOUTH AFRICAN SCHOOLS ATHLETICS

NATIONAL PRIMARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS MAIN STREAM

COMPETITION MANUAL



**STADIUM
OSCAR MPETE STADIUM
UNIVERSITY OF LIMPOPO
LIMPOPO PROVINCE**

24-26 MARCH 2024

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2024.

SECTION A

1. DATE: MONDAY & TUESDAY: 25 & 26 MARCH 2024.
2. VENUE: **OSCAR MPETE STADIUM, UNIVERSITY OF LIMPOPO**
3. AGE GROUPS: CATEGORY, AGE GROUP AND ACTUAL AGE IN 2024.

SUNDAY, 24 MARCH 2024

09:00 – 15:00	Registration and Accreditation of Teams
12:00 - 15:00	Assizing of Implements
14:00 – 15:00	Team Managers Meeting
15:00 - 16:00	Technical Officials Meeting
17:00 – 18:30	Official Opening Ceremony

MONDAY, 25 MARCH 2024

06:30	Technical Officials Briefing
08:00 – 17:35	First day of Athletics Competition
10:00	Team Managers Meeting
16:00	Team Managers Meeting
17:35	Last event of the day

TUESDAY, 26 MARCH 2024

06:00	Technical Officials Briefing
08:00 – 16:40	Second day of Athletics Competition
09:30	Team Managers Meeting
12:00	Team Managers Meeting
15:50 – 16:40	Official Closing and Special Awards Ceremony.

SA PRIMARY SCHOOLS
TRACK & FIELD CHAMPIONSHIPS 2024
COMPETITION PROGRAMME

FIRST DAY OF COMPETITION - MONDAY, 25 MARCH 2024

1	08:00	Girls 11	1200m	Heats	Final 119
2	08:00	Boys 13	Long Jump (A Pit)		Final
3	08:00	Girls 13	Long Jump (B Pit)		Final
4	08:00	Boys 12	High Jump (A Mat)		Final
5	08:00	Girls 12	High Jump (B Mat)		Final
6	08:00	Girls 11	Shot Put (A Circle)		Final
7	08:20	Girls 10	80m	Heats	Semi-final 33
8	08:30	Boys 10	80m	Heats	Semi-final 34
9	08:40	Girls 11	80m	Heats	Semi-final 35
10	08:50	Boys 11	80m	Heats	Semi-final 36
11	09:00	Girls 12	150m	Heats	Semi-final 37
12	09:10	Boys 12	150m	Heats	Semi-final 38
13	09:30	Girls 13	200m	Heats	Semi-final 39
14	09:50	Boys 13	200m	Heats	Semi-final 40
15	10:00	Girls 13	800m	Heats	Final 67
16	10:10	Boys 13	800m	Heats	Final 68
17	10:10	Girls 13	Shot Put (B Circle)		Final
18	10:10	Boys 12	Discus Throw		Final

19	10:10	Girls 12	Javelin		Final	
20	10:20	Girls 10	70m Hurdles	Heats		Final 59
21	10:30	Boys 10	70m Hurdles	Heats		Final 60
22	10:40	Girls 11	70m Hurdles	Heats		Final 61
23	10:50	Boys 11	70m Hurdles	Heats		Final 62
24	10:50	Boys 11	Long Jump (B Pit)		Final	
25	10:50	Girls 11	Long Jump (A Pit)		Final	
26	10:50	Boys 10	High Jump (A Mat)		Final	
27	10:50	Girls 10	High Jump (B Mat)		Final	
28	11:00	Girls 12	75m Hurdles	Heats		Final 63
29	11:10	Boys 12	75m Hurdles	Heats		Final 64
30	11:20	Girls 13	75m Hurdles	Heats		Final 65
31	11:30	Boys 13	80m Hurdles	Heats		Final 66
	11:30		Medal Presentation		ITEMS: 2, 3, 4, 5, 6	
32	11:40	Boys 11	1200m	Heats		Final 120
33	11:50	Girls 10	80m	Semi-finals		Final 48
34	12:00	Boys 10	80m	Semi-finals		Final 49
35	12:10	Girls 11	80m	Semi-finals		Final 50
36	12:20	Boys 11	80m	Semi-finals		Final 51
37	12:30	Girls 12	150m	Semi-finals		Final 52
38	12:40	Boys 12	150m	Semi-finals		Final 53
39	12:50	Girls 13	200m	Semi-finals		Final 54
40	13:00	Boys 13	200m	Semi-finals		Final 55
41	13:00	Boys 13	Shot Put (A Circle)		Final	
42	13:00	Boys 11	Shot Put (B Circle)		Final	
43	13:00	Boys 12	Javelin		Final	
44	13:00	Girls 12	Discus Throw		Final	

45	13:00	Girls 11	High Jump (B Mat)		Final	
46	13:00	Girls 12	1200m	Heats		Final 121
47	13:10	Boys 12	1200m	Heats		Final 122
48	13:20	Girls 10	80m		Final	
49	13:25	Boys 10	80m		Final	
50	13:30	Girls 11	80m		Final	
51	13:35	Boys 11	80m		Final	
52	13:45	Girls 12	150m		Final	
53	13:50	Boys 12	150m		Final	
54	14:05	Girls 13	200m		Final	
55	14:15	Boys 13	200m		Final	
	14:20		Medal Presentation	<u>ITEMS:</u> 17, 18, 19, 24, 25, 26, 27		
56	14:25	Girls 13	1500m Walk		Final	
57	14:45	Girls 10	1200m	Heats		Final 123
58	14:55	Boys 10	1200m	Heats		Final 124
59	15:05	Girls 10	70m Hurdles		Final	
60	15:10	Boys 10	70m Hurdles		Final	
61	15:15	Girls 11	70m Hurdles		Final	
62	15:20	Boys 11	70m Hurdles		Final	
63	15:25	Girls 12	75m Hurdles		Final	
64	15:30	Boys 12	75m Hurdles		Final	
65	15:35	Girls 13	75m Hurdles		Final	
66	15:40	Boys 13	80m Hurdles		Final	
	15:50		Medal Presentation	<u>ITEMS:</u> 41, 42, 43, 44, 45, 48, 49, 50, 51, 52, 53, 54, 55, 56		
67	15:50	Girls 13	800m		Final	
68	15:55	Boys 13	800m		Final	
69	16:05	Girls 10	100m	Heats		Semi Final 84
70	16:15	Boys 10	100m	Heats		Semi Final 85
71	16:25	Girls 11	100m	Heats		Semi Final 86
72	16:35	Boys 11	100m	Heats		Semi Final 87
73	16:45	Girls 12	100m	Heats		Semi Final 88

74	16:55	Boys 12	100m	Heats	Semi Final 89
75	17:15	Girls 13	100m	Heats	Semi Final 90
76	17:35	Boys 13	100m	Heats	Semi Final 91

SECOND DAY OF COMPETITION - TUESDAY, 26 MARCH 2024

77	08:00	Boys 13	High Jump (A Mat)		Final	
78	08:00	Girls 13	High Jump (B Mat)		Final	
79	08:00	Boys 12	Long Jump (A Pit)		Final	
80	08:00	Girls 12	Long Jump (B Pit)		Final	
81	08:00	Girls 10	Shot Put (A Circle)		Final	
82	08:00	Girls 13	1500m	Heats		Final 141
83	08:10	Boys 13	1500m	Heats		Final 142
84	08:20	Girls 10	100m	Semi-finals		Final 100
85	08:30	Boys 10	100m	Semi-finals		Final 101
86	08:40	Girls 11	100m	Semi-finals		Final 102
87	08:50	Boys 11	100m	Semi-finals		Final 103
88	09:00	Girls 12	100m	Semi-finals		Final 104
89	09:10	Boys 12	100m	Semi-finals		Final 105
90	09:25	Girls 13	100m	Semi-finals		Final 106
91	09:35	Boys 13	100m	Semi-finals		Final 107
	09:40		Medal Presentation	<u>ITEMS:</u> 59, 60, 61, 62, 63, 64, 65, 66, 67, 68		
92	09:50	Girls 12	150m Hurdles	Heats		Final 112
93	10:00	Boys 12	Shot Put (B Circle)		Final	
94	10:00	Boys 13	Javelin		Final	
95	10:00	Girls 13	Discus Throw		Final	
96	10:00	Boys 11	High Jump (A Mat)		Final	
97	10:00	Boys 12	150m Hurdles	Heats		Final 113
98	10:15	Girls 13	200m Hurdles	Heats		Final 114
99	10:25	Boys 13	200m Hurdles	Heats		Final 115
100	10:40	Girls 10	100m		Final	
101	10:50	Boys 10	100m		Final	
102	11:00	Girls 11	100m		Final	
103	11:10	Boys 11	100m		Final	
104	11:20	Girls 12	100m		Final	
105	11:30	Boys 12	100m		Final	

106	11:40	Girls 13	100m	Final	
107	11:50	Boys 13	100m	Final	
	12:00		Medal Presentation	<u>ITEMS:</u> 77, 78, 79, 80, 81	
108	12:00	Boys 10	Long Jump (B Pit)	Final	
109	12:00	Girls 10	Long Jump (A Pit)	Final	
110	12:00	Boys 10	Shot Put (A Circle)	Final	
111	12:00	Girls 12	Shot Put (B Circle)	Final	
112	12:10	Girls 12	150m Hurdles	Final	
113	12:20	Boys 12	150m Hurdles	Final	
114	12:35	Girls 13	200m Hurdles	Final	
115	12:45	Boys 13	200m Hurdles	Final	
116	12:55	Boys 13	1500m Walk	Final	
	13:30		Medal Presentation	<u>ITEMS:</u> 93, 94, 95, 96, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111	
117	13:30	Boys 13	Discus Throw	Final	
118	13:30	Girls 13	Javelin	Final	
119	13:30	Girls 11	1200m	Final	
120	13:40	Boys 11	1200m	Final	
121	13:50	Girls 12	1200m	Final	
122	14:00	Boys 12	1200m	Final	
123	14:10	Girls 10	1200m	Final	
124	14:20	Boys 10	1200m	Final	
	14:20		Medal Presentation	<u>ITEMS:</u> 112, 113, 114, 115, 116	
125	14:30	Girls 13	1500m	Final	
126	14:40	Boys 13	1500m	Final	
127	14:50	Girls 10	4x100m Relay	Final	
128	15:00	Boys 10	4x100m Relay	Final	
129	15:10	Girls 11	4x100m Relay	Final	
130	15:20	Boys 11	4x100m Relay	Final	
131	15:30	Girls 12	4x100m Relay	Final	
132	15:40	Boys 12	4x100m Relay	Final	

	15:50	CLOSING CEREMONY		
	16:20		Medal Presentation	ITEMS: 117, 118, 119, 120, 121, 122, 123, 124, 125, 126
133	16:30	Girls 13	4x100m Relay	Final
134	16:40	Boys 13	4x100m Relay	Final
	16:50 to 17:10	<u>No Medal Presentation</u> Medals will be collected at the medal room/table for these items because of time constraints <u>Team managers collect and sign for medals</u>		ITEMS: 127 - 134